

Let's talk mental health

sponsored by the Mental Health Task Force

Round table conversations at the University of Victoria

Understanding Mental Illness

Tuesday, February 21, 2012 | 12:00 – 1:30 p.m.

Location: GSS Board Room

When Mental Illness Touches Your Life: a family member, a colleague, a friend, or yourself

Tuesday, February 28, 2012 | 12:00 – 1:30 p.m.

Location: Engineering Graduate Lounge (ECS 660)

Creating a Mentally Healthy Campus Community: teaching, learning and working at UVic

Tuesday, March 6, 2012 | 12:00 – 1:30 p.m.

Location: Engineering Graduate Lounge (ECS 660)

- WHO estimates that by 2020 mental illness will be the leading cause of disability in the western world
- Mental illness is the number one cause of workplace disability, it accounts for 30% of claims and 70% of disability costs
- Mental health is a significant factor in student success, up to 86% of students living with mental illness fail to complete their degrees

Let's talk mental health

Is mental illness a disability?

How do you start a conversation with someone you think is struggling with a mental illness?

What services are available on campus?

*Everyone welcome to attend one or more sessions. Registration not required.
Feel free to bring your lunch. Light refreshments will be served.
For more information please contact bcameron@uvic.ca or 250-721-8786*



**University
of Victoria**

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