

September 2011

Curriculum Vitae

**JANET BEAVIN BAVELAS, Ph.D., F.R.S.C.**

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**Present position:** Professor Emeritus of Psychology  
Researcher, lecturer, and consultant

**Born:** 12 February 1940    **Citizenship:** Canadian

**Education:** Stanford University  
A.B., Psychology, 1961  
A.M., Communication Research, 1968  
Ph.D., Psychology, 1970

**Research and Teaching Interests:**  
Face-to-face dialogue  
Microanalysis of communication  
Communication in psychotherapeutic, medical, and mediated settings  
Research methods

**Professional employment:**

Mental Research Institute, Palo Alto, California  
1961-1966    Research Assistant  
1966-1970    Research Associate

University of Victoria, Victoria, BC  
1970-1976    Assistant Professor  
1976-1986    Associate Professor  
1983-1987    Associate Dean of Graduate Studies;  
Associate Dean of Research  
1986-2005    Professor  
2005-        Professor Emeritus  
2005-        Researcher; Lecturer

### Honours

- 1966: "Premio" de *Acta psiquiatrica y psicologica de America Latina* (annual prize for best research paper).  
1980: Elected Fellow of the Canadian Psychological Association.  
1993: Elected Fellow of the International Communication Association.  
1995: Elected Fellow of the Royal Society of Canada.  
1997: Outstanding Career Scholar, Language and Social Interaction Division, International Communication Association.  
2000: Faculty of Social Sciences Award for Teaching Excellence  
2005: Elected President, International Society for Gesture Studies

### Grants and awards (most recent first)

- 2009: Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant, "Experiments on the link between dialogue and iconic demonstrations: hand gestures, facial displays, direct quotations, and figurative language" (\$75,449).  
2006: Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant, "Experimental studies of face-to-face dialogue" (\$67,759).  
2004: Co-investigator, Social Sciences and Humanities Research Council of Canada Research/Creation in Fine Arts Grant. Principal Investigator W. A. Schloss, Music; Co-investigators P. Driessen, Electrical Engineering, and G. Tzanetakis, Computer Science (\$129,000).  
2004: Collaborator/consultant, Canadian Institutes for Health Research New Emerging Team Grant, "Overcoming barriers to communication through end of life and palliative transitions." Principal Investigators Peter Kirk Island Medical Program, and Francis Lau, Health Information Science (\$1.37 million).  
2003: Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant, "Communication in face-to-face dialogue: An integrated model" (\$89,748).  
1999: Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant, "Unique features of face-to-face dialogue" (\$90,434).  
1997: Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant, "Face-to-face dialogue" (\$66,026).  
1996: Principal Investigator, The Orcas Society research grant, "Communication in psychotherapy" (\$10,001).  
1993: Principal Investigator, B.C. Ministry of Women's Equality, "Discourse analysis of trial judgments in sexual assault cases" (\$20,000).  
1993: Principal Investigator, Social Sciences and Humanities Research Council of Canada Strategic grant, "Discourse analysis of trial judgments in sexual assault cases" (\$72,000).  
1992: Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant, "Experimental studies of dialogue" (\$81,000).

- 1990 Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant, "Interactive gestures: renewal and extension" (\$25,932).
- 1989 Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant, "Experimental studies of interactive gestures" (\$21,566).
- 1986 Principal Investigator, Social Sciences and Humanities Research Council of Canada two-year research grant, "Experimental studies of mimetic synchrony ["nonverbal mirroring"] (\$50,974).
- 1985 Social Sciences and Humanities Research Council of Canada Leave Fellowship and research grant (\$2500).
- 1984 Co-Investigator, Social Sciences and Humanities Research Council of Canada Strategic seed grant (with P.H. Stephenson), "A multi-disciplinary approach to experimenter-subject interaction" (\$4968).
- 1984 Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant renewal, "Experimental study of nonverbal empathic reactions" (\$22,548).
- 1983 Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant two-year renewal, "Experimental studies of disqualification"(\$54,609).
- 1983 Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant renewal, "Experimental study of nonverbal empathic reactions" (\$18,977).
- 1982 Principal Investigator, Social Sciences and Humanities Research Council of Canada research grant, "Experimental study of nonverbal empathic reactions" (\$16,380).
- 1981 Social Sciences and Humanities Research Council of Canada Leave Fellowship and research grant (\$2500).
- 1981 Principal Investigator, Social Sciences and Humanities Research Council of Canada supplemental research grants for "Disqualification" and "Nonverbal empathic reactions" (\$5900 and \$966).
- 1980 Principal Investigator, Social Sciences and Humanities Research Council of Canada research grants: Two-year renewal of "Experimental studies of disqualification" (\$29,133) plus seed money grant, "Methodology for the study of nonverbal empathic reactions, (\$8945).
- 1977 Canada Council Leave Fellowship and research grant (\$1500).
- 1977 Principal Investigator, Canada Council research grant, "Experimental studies of disqualification" (\$10,438).
- 1973 Principal Investigator, Canada Council research grant, "Self-fulfilling prophecies in teacher-student interaction" (\$5,830).
- 1968 Fellow, National Institute of Mental Health pre-doctoral research fellowship, Psychology, Stanford University.
- 1966 Trainee, National Institute of Child Health and Human Development grant, Institute for Communication Research, Stanford University.

### **Selected Professional activities** (current or previous)

Editorial Boards: *Canadian Journal of Behavioural Science*; *Family Process*; *Canadian Psychology*; *Human Communication Research*; *Text*; *Communication Theory*; *Journal of Language and Social Psychology*; *Communication Monographs*; *Research on Language and Social Interaction*; *Gesture*.

Reviewer for *Journal of Personality and Social Psychology*; *Psychological Bulletin*; *Journal of Personality*; *Behavioral Science*; *Journal of Memory and Language*; *Communication Research*; *Journal of Pragmatics*; *Discourse Processes*; *Social Psychology Quarterly*; *Communication Theory*; *British Journal of Social Psychology*; *European Journal of Social Psychology*; *Journal of Experimental Social Psychology*, *Journal of Nonverbal Behavior*. Brooks/Cole (Wadsworth) Publishers; Canada Council; Social Sciences and Humanities Research Council; Ontario Mental Health Foundation; National Science Foundation; Killam Programme; International Communication Association; International Society for Gesture Studies.

Member, Negotiated Grants Committee, Social Sciences and Humanities Research Council of Canada; Chair, Doctoral and Post-doctoral Fellowships Committee for Psychology, Social Sciences and Humanities Research Council of Canada. Member-at-Large, Board of Directors, International Communication Association; Member of Governing Council, Academy II, Royal Society of Canada.

### **Publications: Books**

- Watzlawick, P., Beavin, J., & Jackson, D. D. (1967). *Pragmatics of Human Communication. A study of interactional patterns, pathologies, and paradoxes*. New York: Norton. [Translations: German, Dutch, Spanish, Italian, French, Portuguese, Japanese, Greek.]
- Bavelas, J. B. (1978). *Personality: Current theory and research*. Monterey, Calif.: Brooks/Cole.
- Bavelas, J. B., Black, A., Chovil, N., & Mullett, J. (1990). *Equivocal communication*. Newbury Park, CA: Sage.

### **Publications: Articles, Chapters, and Other** (most recent first)

- Healing, S., & Bavelas, J. (in press). Can questions lead to change? An analogue experiment. *Journal of Systemic Therapies*.
- Bavelas, J. (2011). From the lab to the therapy room. Microanalysis, co-construction, and solution-focused therapy. In C. Franklin, T. Trepper, W. J. Gingerich, & E. McCollum (Eds.), *Solution-focused Brief Therapy: From Practice to Evidence-Informed Practice* (pp. 144-162). Oxford, UK: Oxford University Press.
- Bavelas, J.B., & Gerwing, J. (2011). The listener as addressee in face-to-face dialogue. *International Journal of Listening*, 25, 178-198.

- Bavelas, J., Gerwing, J., Allison, M., & Sutton, C. (2011). Dyadic evidence for grounding with abstract deictic gestures. In G. Stam & M. Ishino (Eds.), *Integrating Gestures: The Interdisciplinary Nature of Gesture* (pp. 49-60). Amsterdam: Benjamins (Gesture Studies series).
- Bavelas, J. B., & Gerwing, J. (2010). [Experimental microanalysis of addressees in face-to-face dialogue] (pp. 39-59). In M. Mizzau & L. Lugli (Eds.), *L'ascolto [Listening]*; pp. 39-59). Il Mulino: Bologna.
- Bavelas, J. B., (2009). Equivocation. In H. T. Reis & S. Sprecher (Eds.), *Encyclopedia of human relationships*, Vol. 1 (pp. 537-539). Thousand Oaks, CA: Sage.
- Del Vento, A., Bavelas, J.B., Healing, S., MacLean, G., & Kirk, P. (2009). An experimental investigation of the dilemma of delivering bad news. *Patient Education and Counseling*, 77, 443-449.
- Bavelas, J. B., Gerwing, J., Sutton, C., & Prevost, D. (2008). Gesturing on the telephone: Independent effects of dialogue and visibility. *Journal of Memory and Language*, 58, 495-520.
- Bavelas, J.B. (2007). Face-to-face dialogue as a micro-social context. The example of motor mimicry. In S. Duncan, E. Levy, & J. Cassell (Eds.), *Gesture and the dynamic dimension of language* (pp. 127-146). Amsterdam: John Benjamins.
- Bavelas, J. B. (2007). Writing with Paul. *Journal of Marital and Family Therapy*, 33, 295-297.
- Bavelas, J. B., & Gerwing, J. (2007). Conversational hand gestures and facial displays in face-to-face dialogue. In K. Fiedler (Ed.), *Social communication* (pp. 283-308). New York: Psychology Press (*Frontiers of Social Psychology Series*).
- Tomori, C., & Bavelas, J. B. (2007). Using microanalysis of communication to compare solution-focused and client-centered therapies. *Journal of Family Psychotherapy*, 18 (no. 3), 25-43. [special issue on solution-focused brief therapy]. [*Frontiers of Social Psychology Series*].
- Bavelas, J. B., & Chovil, N. (2006). Hand gestures and facial displays as part of language use in face-to-face dialogue. In V. Manusov & M. Patterson (Eds.), *Handbook of nonverbal communication* (pp. 97-115). Thousand Oaks, CA: Sage.
- Bavelas, J. B. (2005). The two solitudes: Reconciling Social Psychology and Language and Social Interaction. In K. Fitch & R. Sanders (Eds.), *Handbook of Language and Social Interaction* (pp. 179-200). Mahwah, NJ: Erlbaum.
- McGee, D. R., Del Vento, A., & Bavelas, J. B. (2005). An interactional model of questions as therapeutic interventions. *Journal of Marital and Family Therapy*, 31, 371-384.  
Simultaneous publication in *Sistemas Familiares* (2004, 20, 51-66).
- Bavelas, J. B. (2004). Foreword. In L.E. Rogers and V. Escudero (Eds.), *Relational communication. An interactional perspective to the study of process and form* (pp ix-xi). Mahwah, NJ: Erlbaum.
- Gerwing, J., & Bavelas, J.B. (2004). Linguistic influences on gesture's form. *Gesture*, 4, 157-195.
- Bavelas, J. B., & Gerwing, J. (2003). Review of D. McNeill (Ed.), *Language and gesture*. In *Journal of Linguistic Anthropology*, 13, 128-130.

- Bavelas, J. B., Coates, L., & Johnson, T. (2002). Listener responses as a collaborative process: The role of gaze. *Journal of Communication*, 52, 566-580.
- Bavelas, J. B., Kenwood, C., Johnson, T., & Phillips, B. (2002). An experimental study of when and how speakers use gestures to communicate. *Gesture*, 2, 1-17.
- Bavelas, J. B., Kenwood, C., & Phillips, B. (2002). Discourse analysis. In M. Knapp & J. Daly (Eds.), *Handbook of Interpersonal Communication* (3<sup>rd</sup> ed., pp. 102-129). Thousand Oaks, CA: Sage.
- Bavelas, J. B. (2001). Foreword. In J. B. Cunningham, *Researching organizational values and beliefs. The Echo approach* (pp. vii-xi). Westport, CT: Quorum.
- Bavelas, J. B. (2001). [Foreword; in Japanese]. In K. Wakashima, [*Clinical psychology and communication: Invitation to clinical psychological linguistics*] (pp. 3-4). Tokyo: Kokuju.
- Bavelas, J. B., & Coates, L. (2001). Is it sex or assault? *Journal of Social Distress and Homelessness*, 10, 29-40. [special issue on sexual assault].
- Bavelas, J. B. (2000). Nonverbal aspects of fluency. In H. Riggensbach (Ed.), *Perspectives on fluency* (pp. 91-101). Ann Arbor: University of Michigan Press.
- Bavelas, J. B., & Chovil, N. (2000). Visible acts of meaning. An integrated message model of language use in face-to-face dialogue. *Journal of Language and Social Psychology*, 19, 163-194.
- Bavelas, J. B., Coates, L., & Johnson, T. (2000). Listeners as co-narrators. *Journal of Personality and Social Psychology*, 79, 941-952.
- Bavelas, J. B., McGee, D., Phillips, B., & Routledge, R. (2000). Microanalysis of communication in psychotherapy. *Human Systems*, 11, 47-66. [Actually appeared in 2002].  
Translated into Spanish and reprinted (2003): *Sistemas Familiares*, 19, 23-41.
- Bavelas, J. B. (1999). Come the millennium. *Research on Language and Social Interaction*, 32, 5-10.
- Bavelas, J. B. (1998). Theoretical and methodological principles of the equivocation project. *Journal of Language and Social Psychology*, 17, 183-199.
- Bavelas, J. B., & Chovil, N. (1997). Faces in dialogue. In J. A. Russell & J. M. Fernandez-Dols (Ed.), *The psychology of facial expression* (pp. 334-346). Cambridge, U.K.: Cambridge University Press
- Bavelas, J. B., Hutchinson, S., Kenwood, C., & Matheson, D. H. (1997). Using face-to-face dialogue as a standard for other communication systems. *Canadian Journal of Communication*, 22, 5-24..
- Roberts, G. K., & Bavelas, J. B. (1996). The communicative dictionary: A collaborative theory of meaning. In J. Stewart (Ed.), *Beyond the symbol model: Reflections on the nature of language* (pp. 139-164). Albany, NY: SUNY Press.
- Bavelas, J. B. (1995). Quantitative versus qualitative? In W. Leeds-Hurwitz (Ed.), *Social approaches to communication* (pp. 49-62). New York: Guilford Press.
- Bavelas, J. B., Chovil, N., Coates, L., and Roe, L. (1995). Gestures specialized for dialogue. *Personality and Social Psychology Bulletin*, 21, 394-405.
- Sluzki, C. E., & Bavelas, J. B. (1995). A note on meta-communication (with a Prologue by J. B. Bavelas). In J. H. Weakland & W. A. Ray (Eds.), *Propagations: Thirty years of influence from the Mental Research Institute* (pp. 27-32). New York: Haworth.

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- Bavelas, J. B. (1994). Review of H. H. Clark's *Arenas of language use*. *Contemporary Psychology*, 39, 1100-1101.
- Coates, L., Bavelas, J. B., & Gibson, J. (1994). Anomalous language in sexual assault trial judgments. *Discourse and Society*, 5, 191-205.
- Bavelas, J. B. (1993). [Continuity]. *Cuadernos de Terapia Familiar*, 7(23/24), 27-29.
- Bavelas, J. B., Chovil, N., Lawrie, D. A., & Wade, A. (1992). Interactive gestures. *Discourse Processes*, 15, 469-489.
- Bavelas, J. B., & Coates, L. (1992). How do we account for the mindfulness of face-to-face dialogue? *Communication Monographs*, 59, 301-305.
- Bavelas, J. B. (1991). Recherche sur les axiomes de "Une logique de la communication." *Cahiers Critiques de Therapie Familiale et de Pratiques de Reseaux*, 13, 117-132.  
Published in English (1992): Research into the *Pragmatics of human communication*, *Journal of Strategic and Systemic Therapy*, 11 (2), 15-29).  
Updated and reprinted in Spanish (1993): *Cuadernos de Terapia Familiar*, 7 (23/24), 31-43.  
Updated and reprinted in Japanese (1994): *Annual Progress in Japanese Family Psychology*, 12, 93-116.
- Bavelas, J. B. (1991). Some problems with linking goals to discourse. In K. Tracy (Ed.), *Understanding face-to-face interaction. Issues linking goals and discourse* (pp. 119-130). Hillsdale, NJ: Erlbaum.
- Bavelas, J. B. (1990). Behaving and communicating: A reply to Motley. *Western Journal of Speech Communication*, 54, 593-602
- Bavelas, J. B. (1990). Nonverbal and social aspects of discourse in face-to-face interaction. *Text*, 10, 5-8.
- Bavelas, J. B., Black, A., Chovil, N., & Mullett, J. (1990). Truths, lies, and equivocations: The effects of conflicting goals on discourse. *Journal of Language and Social Psychology*, 9, 129-155.
- Bavelas, J. B. (1989). On integrating interactional points of view. *The Counseling Psychologist*, 17, 466-469.
- Bavelas, J. B., Black, A., Chovil, N., Lemery, C. R., & Mullett, J. (1988). Form and function in motor mimicry. Topographic evidence that the primary function is communicative. *Human Communication Research*, 14, 275-299.
- Bavelas, J. B., Black, A., Bryson, L., & Mullett, J. (1988). Political equivocation: A situational explanation. *Journal of Language and Social Psychology*, 7, 137-145.
- Bavelas, J. B. (1987). Permitting creativity in science. In D. N. Jackson & J. P. Rushton (Eds.), *Scientific excellence: Origins and assessment* (pp. 307-327). Beverly Hills: Sage.
- Bavelas, J. B., Black, A., Lemery, C. R., & Mullett, J. (1987). Motor mimicry as primitive empathy. In N. Eisenberg & J. Strayer (Eds.), *Empathy and its development* (pp. 317-338). Cambridge, UK: Cambridge University Press.
- Bavelas, J. B., Black, A., Lemery, C. R., MacInnis, S., & Mullett, J. (1986). Experimental methods for studying "elementary motor mimicry." *Journal of Nonverbal Behavior*, 10, 102-119.

- Bavelas, J. B., Black, A., Lemery, C. R., & Mullett, J. (1986). "I show how you feel." Motor mimicry as a communicative act. *Journal of Personality and Social Psychology*, 50, 322-329.
- Bavelas, J. B., & Chovil, N. (1986). How people disqualify. Experimental studies of spontaneous written disqualification. *Communication Monographs*, 53, 70-74.
- Bavelas, J. B. (1985). A situational theory of disqualification. Using language to "leave the field." In J. Forgas (Ed.), *Language and social situations* (pp. 189-211). New York: Springer.
- Rogers, L. E., Millar, F. E., & Bavelas J. B. (1985). Methods for analyzing marital conflict discourse: Implications of a systems approach. *Family Process*, 24, 175-187.
- Bavelas, J. B., Rogers, L. E., & Millar, F. E. (1985). Interpersonal conflict. In T. A. van Dijk (Ed.), *Handbook of discourse analysis. Vol. 4: Discourse in society* (pp. 9-26). London: Academic Press.
- Bavelas, J. B. (1984). On "naturalistic" family research. *Family Process*, 23, 337-341.
- Millar, F. E., Rogers, L. E., & Bavelas, J. B. (1984). Identifying patterns of verbal conflict in interpersonal dynamics. *Western Journal of Speech Communication*, 48, 231-246.
- Bavelas, J. B. (1983). Situations that lead to disqualification. *Human Communication Research*, 9, 130-145.
- Segal, L., & Bavelas, J. B. (1983). Human systems and communication theory. In B. B. Wolman & G. Stricker (Eds.), *Handbook of family and marital therapy* (pp. 94-109). New York: Plenum.
- Bavelas, J. B., & Segal, L. (1982). Family systems theory: Background and implications. *Journal of Communication*, 32, 89-107.
- Bavelas, J. B., & Smith, B. J. (1982). A method for scaling verbal disqualification. *Human Communication Research*, 8, 214-227.
- Schaefer, B., Bavelas, J. B., & Bavelas, A. (1980). Using Echo technique to construct student-generated faculty evaluation questionnaires. *Teaching of Psychology*, 7, 83-86.
- Bavelas, J. B. (1978). Systems analysis of dyadic interaction: Prediction from individual parameters. *Behavioral Science*, 23, 177-186.
- Bavelas, J. B. (1978). The social psychology of citations. *Canadian Psychological Review*, 19, 158-163.
- Bavelas, J. B., & Lee, E. S. (1978). Effects of goal level on performance: A trade-off of quantity and quality. *Canadian Journal of Psychology*, 32, 219-240.
- Bavelas, J. B., Chan, A. S., & Guthrie, J. A. (1976). Reliability and validity of traits measured by Kelly's Repertory Grid. *Canadian Journal of Behavioural Science*, 8, 23-38.
- Bavelas, J. B. (1976). Comments on Buss's evaluation of Canadian psychology departments. *Canadian Psychological Review*, 17, 302-304.
- Bavelas, J. B. (1975). Systems analysis of dyadic interaction: The role of interpersonal judgment. *Behavioral Science*, 20, 213-222.
- Bavelas, J. B. (1973). Effects of the temporal context of information. *Psychological Reports*, 32, 695-698.
- Watzlawick, P., Beavin, J., Sikorski, L., & Mecia, E. (1970). Protection and scapegoating in pathological families. *Family Process*, 9, 27-39.

- Watzlawick, P., & Beavin, J. (1967). Some formal aspects of communication. *American Behavioral Scientist*, 10, (8), 4-8.
- Sluzki, C. E., Beavin, J., Tarnopolsky, A., & Veron, E. (1966). Transacciones descalificadoras. Investigacion sobre el "doble vinculo." *Acta psiquiátrica y psicológica de América latina*, 12, 329-342. Published in English (1967): Transactional disqualification. Research on the double bind. *Archives of General Psychiatry*, 16, 494-504.
- Sluzki, C. E., & Beavin, J. (1965). Simetría y complementaridad: Una definición operacional y una tipología de parejas. *Acta psiquiátrica y psicológica de América latina*, 11, 321-330.  
Reprinted in English (1977): Symmetry and complementarity: An operational definition and a typology of dyads. In P. Watzlawick & J. H. Weakland (Eds. and Trans.), *The interactional view* (pp. 71-87). New York: Norton.