The newsletter has, and will be, published four times each year. The participation of UVRA members in contributing content has and will be strongly encouraged – Retirees in Action, member engagement in community initiatives, UVRA member accomplishments, notes of interest in travel, savings and activities, books of interest, insights and views are some of the areas of focus.

GREY MATTERS! is distributed to the vast majority of members via the Internet, although a substantial number of members received the newsletter from Canada Post.

GREY MATTERS! looks forward to serving our membership in 2018-2019 and looks forward to the increasing participation of our members in contributing to the content of each issue of GREY MATTERS!