

Assessment Criteria for Specialty Shots

The criteria will be given on a 9 point scale. The criterion applies to both backhand and forehand strokes.

Rating	Area of play and Criteria	Teaching Pointers	Game	Diagram
(1) – (2) Consistency	<i>Short court</i> Show ability to lob the ball from partner feed by hitting ball high over the net to land in defined court.	As for drives except: <ul style="list-style-type: none"> • Hit falling ball at waist/knee height. • On contact with the ball angle racket face upward. • Lift racket during follow-through. Tactically lob for time to recover	Lob partner at net then run to net. Partner return lob with a lob. <u>Aim for 4 lobs in a row.</u>	
(3)	<i>Full size court</i> Execute a lob in a rally to clear opponent at the net. Use as a defensive shot to get the ball deep. Hit smash off partner feed, <i>50% success in court.</i>	Maintain balance. <ul style="list-style-type: none"> • Keep racket head above wrist. • Watch ball onto racket. • Use service grip & action to hit smash. • Prepare early, position yourself under ball. • Place non-racket hand under falling ball. • Throw racket head at ball with full extension of arm. 	In half court hit a smash from coach feed with partner trying to lob. <u>From feed lob partner at the net then start game. First to 5.</u>	
(4)	<i>Long and narrow court</i> Hit smash in rally and competitive game. Show use of offensive and defensive lobs in a competitive game. Perform the drop shot from partner feed. Dropshot should land within 3 meters of the net with 70% success.	Early preparation with good footwork to position body under ball. <ul style="list-style-type: none"> • Choose target for smash. • Prepare for next shot after smash. • For drop-shot perform volley shot except absorb pace of the ball. • Action ‘like turning a key in a door.’ • Aim to get ball to land near net and die. 	Use a drop-shot volley in rally. <u>Play dink tennis in the service boxes. Play up to four points.</u>	
(5)	<i>Full tennis court</i> Perform drop shot appropriately in a competitive game. Demonstrate the use of passing shots to hit the ball past an opponent at the net, and lob to reach spaces on base-line Show appropriate use of the approach shot. <i>50% success rate with all shots in a game.</i>	<ul style="list-style-type: none"> • Use drop-shot sparingly. • Hit across court reduce pace. Topspin lob without height. • Under-spin to keep ball low. Hit from high to low through ball. • Shoulder turn early and hit with continuous movement into net • Backhand us slice. • Forehand try to hit flat with slice shot. • Aim down the line. 	Feed ball from service-line and run into the net. <u>Point starts after to volleys. Play first to 4.</u> Partner lob or try to hit passing shot.	
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(6)	<p><i>Full tennis court</i> Perform Topspin lob to clear opponent and land near the baseline. Demonstrate an angled drop shot. Show ability in a game to hit a smash away using power and accuracy. <i>60% success with these shots.</i></p>	<ul style="list-style-type: none"> • Prepare with racket below height of ball. • Brush up rapidly on contact with ball • Use an up and through action. • Select dropshot target and position early • In smash feet balanced, weight transferring forward and hit. • Follow through across body back to ready position. 	<p><u>Play out the point starting with a drop-shot. Use topspin lob when appropriate. Play best of 5 points.</u></p>	
(7)	<p><i>Full tennis court</i> Show the ability to hit a topspin lob at the correct time in a game. Demonstrate a drop shot in a rally from the baseline to win or set up a point. <i>Maintain a high percentage (90%) of effective smashes in a game. Show consistency in hitting passing shots.</i></p>	<p>Lob when:</p> <ul style="list-style-type: none"> • Opponent crowding net. • Opponent committed in movement forward. <p>Drop-shot when:</p> <ul style="list-style-type: none"> • Opponent is out of position, or well back. <p>Smash</p> <ul style="list-style-type: none"> • Try to move back to enable step into smash. • Reduce pace concentrating on accuracy and control. 	<p><u>Partner feed from behind the baseline. Hit drop-shot then play out point:</u></p> <ul style="list-style-type: none"> • Use topspin lob on both sides. • Smash to win point 	
(8)	<p><i>Full tennis court</i> Use all the specialty shots sparingly but effectively and constructively in game situation. 90% successful application of these shots in the game. Correct technical model of shots in practice.</p>	<ul style="list-style-type: none"> • Early shot selection. • Plan point with game strategy. • Use shots according to game conditions. <p>Tactically use these shots to mix up the rhythm of the opponent.</p>	<p><u>Play game where points can only be scored after a shot played from within the service box.</u></p>	
(9)	<p>Coach the relevant shots when the person has the appropriate game understanding to use the skill. Coach smash and volley drill.</p>	<ul style="list-style-type: none"> • Simplify the skill. • Simplify the environment to practice the skill. • Develop games that focus on the skill. 		