

Assessment Criteria for the Volley

The criteria will be given on a 9-point scale.

Rating	Area of play and Criteria	Teaching Pointers	Game	Diagram
(1) Consistency	<i>Short tennis court</i> Volley ball from a partner's sympathetic feed, for partner to catch. <i>Hit 6 consecutively volleys. Both sides.</i>	<ul style="list-style-type: none"> • Watch the ball. • Hit ball in front of the body. • Punch action. • Open face to racquet. <p>Keep ball in front of body.</p>	<p>Play goal-keeper drill with partner hand feeding.</p> <p><u>After 6 volleys play out the point in the service boxes.</u></p>	
(2) Consistency and positioning	<i>Service box (1 by 1)</i> Volley ball upwards aiming for spaces. <i>In game play competitive rallies of 6+ shots.</i>	<ul style="list-style-type: none"> • Run and split step into base position • Weight forward on toes, wide staggered stance. • Racquet held forward. <p>Spaces back/front and side to side.</p>	<p><u>Play dink tennis with one racquet (ball hit up). 3 points as feeder win racquet.</u></p>	
(3) Consistency and positioning.	<i>Service boxes(2 by 2)</i> Volley with partner in a rally. Show ability to move and maintain balance. <i>Target 15 volleys.</i>	<ul style="list-style-type: none"> • Footwork. On your toes with knees bent. • Balance, feet positioning. • Keep racquet head above wrist. • Punch action, weight forward. <p>Tactically keep ball low. Hit to spaces long and short. Base 5 feet from net.</p>	<p>Volley rally working in from the service line.</p> <p>Dink tennis. <u>Play game where you start point after 3 volleys. Play tie-break scoring.</u></p>	
(4) Placement and positioning.	<i>Half court full length</i> Volley against partner moving into the net. Keep volley low and steer to either side. <i>70% accuracy.</i>	<ul style="list-style-type: none"> • Ready position between shots • Split step before volley. • Control angle of racquet face. • Keep racquet head as close to eyes as possible. Racquet head up, knees bent. <p>Aim for spaces and cover opponent's angles.</p>	<p>Feed ball from base line and work into the net. Partner move in from inside baseline.</p> <p><u>After 2 volleys play out the point. First to win 3 in a row.</u></p>	
(5) Positioning for consistency and placement	<i>Half court full length</i> Control placement and depth of volley from partner drives. Apply volley competitively in a game situation. <i>70% success rate.</i>	<ul style="list-style-type: none"> • Movement to flight of ball. Push off back foot. • High and low volleys adjustments. • Firm wrist at contact. • Swing to minimum. • Contact the ball in front of the body. <p>Watch ball from partners racquet and select target as hit made.</p>	<p>Volley against partner in brushing drill.</p> <p><u>Play competitive game against partner start point after first volley.</u></p>	

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Rating	Area of play and Criteria	Teaching Pointers	Game	
(6) Placement and Positioning with use of spin	<i>Full court</i> Putting volley away. Narrowing down the angles. Approach to the net off a slice shot with 'split step' action to prepare to play a volley. <i>Technically accurate to pointers and able to vary the length and angles of a volley.</i>	<ul style="list-style-type: none"> Point strings in direction want ball to go. Maintain balance, weight forward. Be ready for next shot. Follow line of ball into net. Spit step to stop momentum. <p>Place ball into spaces to create angles or open spaces up behind opponent.</p>	From base-line hit an approach shot off coach's feed. <u>Volley next shot and play out the point.</u> Play 3 all game with 15+ as score.	
(7)	<i>Full court</i> Low volleys and half volleys. Show ability to play these volleys successfully, keeping the ball low and away from opponent. Able to effectively do the intercept volley (poach) in doubles. Volley 80% success rate in practice.	<ul style="list-style-type: none"> Angle racquet for shot. Get low to ball. Play volley from a stationary, balanced base. Use under-spin to control low volley. Keep racquet face open and solid when interception. 	Starting from the base-line and from coach bounce feed volley or half-volley the ball coming into the net. <u>Play out the point against ground stroke player.</u>	
(8)	<i>Full court</i> Use of the volley in the game situation should be effective with consistency. Keep volley deep, low and controlled. <i>Serve volley on both first and second serves in doubles. Able to have 60% success rate serve and volleying in singles game. Able to chip and charge to the net to volley with 70% success rate off a second serve.</i>	<ul style="list-style-type: none"> Serve and volley strategy. Intercept volley in doubles game. Volley from solid balance base. Always be ready for next shot. Volley ball away with a slight wrist snap. 	<u>Play successfully against partner in a game where you win 2 points for any points won at the net:</u> <ul style="list-style-type: none"> Serve and volley Chip and charge <p>No lobs until volley played</p>	
(9)	Coach peers in the effective use of the volley in practice and in a game situation. Coach net-play volley drill and poach volley drill.	<ul style="list-style-type: none"> Footwork. Punch action. Control of racquet face. 		