

## GPAI: Tennis Singles “Off-the-ball movements”

CODER: \_\_\_\_\_ PLAYER: \_\_\_\_\_

CATEGORY - Criteria for Appropriate rating of the off-the-ball movement

1. Base – Recover to position behind or attacking opponent’s target area.
2. Decision Making - Read with anticipatory movement of moving-back behind baseline to press/defend or moving-in to attack opponent’s response.
3. Cover – Respond with quick split-step preparation as opponent strikes the ball
4. Adjust – React to ball with push-off movement into shot execution.

Shot #	Won (W) or Lost (L) Point on forehand (F) or backhand (B) side				Base	Decision	Cover	Adjust	Skill Execution
	First		Second						
	B	F	B	F					
					X or ✓	X or ✓	X or ✓	X or ✓	1 to 5 rate
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									
16									
17									
18									
19									
20									
Totals									(Mode Score)
Index (A/IA)									

Key: ✓ = Appropriate X = Inappropriate. Index= Appropriate Score/Inappropriate Score

### SKILL EXECUTION

#### Rating

#### Criteria

- |   |  |
|---|--|
| 5 | Shown effective tactical awareness by selecting the appropriate shots and executing them appropriately for the situation in the rally.                                       |
| 4 | Shown good tactical awareness by selecting the appropriate shots, mostly executing them appropriately for the situation in the rally.  |
| 3 | Shown tactical awareness by attempting the appropriate shots for the situation in the rally, but ineffectively skill execution due to poor position and/or shot preparation. |
| 2 | Shown erratic tactical awareness, at times attempting an inappropriate shot for the situation in the rally.  |
| 1 | Shown a lack of tactical awareness with poor shot selection, erratic shot execution and inappropriate court positioning.   |

## Stages for assessment

1. Throughout assessment record with Won (W) or Lost (L) for completed point. Mark "W" or "L" in backhand or forehand column depending on last stroke played (see gray shaded columns).
2. Focus on the "Base index" for 5 shots (gray shaded area). When player successfully meets this criteria move on to stage 3 or else discuss with player then repeat for 5 shots (light gray shaded area), until player successful.
3. Focus on the "Decision making index" and the "Cover index" and record until the rows for 20 shots completed (us gray shaded area).
4. Add up totals and calculate the index scores.  
*Reflect on what the data indicates with the player in light of points won and lost.*
5. Write first reflection on back of this sheet.
6. Focus upon "Adjust Index" and "Skill execution" criteria rating (none gray shaded areas).
7. Record until 20 shots played or two games completed (second column none gray shaded area).
8. Add up totals for "adjust index" score and calculate index score. Reflect on data.  
*Interpret skill rating for player in light of points won and lost.*
9. Write second reflection on the back of this sheet.
10. Hand GPAI sheet to player to use to write course reflection.

### FIRST REFLECTION ON OFF-THE-BALL MOVEMENTS

Base Index = \_\_\_\_\_

Decision Index = \_\_\_\_\_

Cover Index = \_\_\_\_\_

Adjust Index = \_\_\_\_\_

### SECOND REFLECTION ON SKILL RATING AND OFF-THE-BALL MOVEMENT

\_\_\_\_\_ Index = \_\_\_\_\_

Skill execution mode score = \_\_\_\_\_